

NEWSLETTER

May-2023



**RASHID LATIF KHAN
UNIVERSITY**



**RASHID LATIF
MEDICAL COMPLEX**



**RLKU
MEDICAL COLLEGE**



**ARIF MEMORIAL
TEACHING HOSPITAL**



**HAMEED LATIF
TEACHING HOSPITAL**

Hameed Latif Teaching Hospital

World Hygiene Day (5-May-23)

World Hand Hygiene day celebrated in HLTH. A training session was conducted by Maj (R) Lubna Ijaz (Nursing Superintendent) to all Nursing and paramedical staff for proper hand hygiene practices.



RLKU Medical College

One Day Workshop (5-May-23)

One Day Workshop was conducted by the Department of Medical Education RLKUMC with the aim to equip mentors with the necessary skills and knowledge to build strong and effective mentoring relationships with their mentees. The facilitators Prof Faheem Mahmood, Dr Asim Zia and Dr Naureen Omar discussed various aspects of mentoring. The highlight of the workshop was the activity “Difficult Conversations” performed by the participants in response to different common scenarios they could encounter as mentors. Pre and post workshop feedback forms were filled.



Arif Memorial Teaching Hospital (AMTH)

Free Medical and Dental Camp at LADHKY NEWAIN (6-May-23)

Arif Memorial Teaching Hospital organized a free Medical and Dental Camp at LADHKY NEWAIN, Free Health Services for the Community. More than 300 patients were examined. AMTH and RLDH continue to provide the best health facilities to the surrounding areas under the supervision of Medical Director (Dr. Babar Wattoo) and with the support of Marketing Department.

Our commitment to provide best healthcare to every patient (بر مریض مطمئن).



Arif Memorial Teaching Hospital (AMTH)

International Nurses Day (13-May-23)

Arif Memorial Teaching Hospital wishes the nurses on International Nurses Day. A ceremony held at conference room of Arif Memorial Teaching Hospital to celebrate the nurses day. Medical Director of Arif Memorial Teaching Hospital Dr. Babar Wattoo addressed the hospital nurses and appreciated the nursing efforts for the care and betterment of patients and society. He added that nurses are no less than doctors because they work equally hard.



Rashid Latif Medical College (RLMC)

World Hypertension Day (17-May-23)

The Medicine Department of Rashid Latif Medical and Dental College, in collaboration with Pakistan Society of Internal Medicine conducted a symposium on Hypertension to commemorate World Hypertension Day that is celebrated globally each year on May 17th to raise awareness in the masses. The symposium was organised by Head of Medicine Department, RLMC and Senior Vice President PSIM, Prof. Aziz Ur Rehman. Guest speakers included renowned Clinicians like Prof. Aizazmand, Prof Aftab Mohsin, Prof. Qasim Bashir, Principal RLMC, Prof Tahir Masood and Prof Rashid Latif Khan graced the occasion as Chief Guest.

The symposium highlighted the burden of hypertension and its complications, especially Stroke and Renal Disease. Hypertension treatment strategies and hypertension among children and pregnant women was also discussed by the expert panelists.



Hameed Latif Teaching Hospital

World Hypertension Day (18-May-23)

World Hypertension day celebrated in HLTH. A training session was conducted by Dr. Yasir Raja (Medicine Department) to all clinical faculty and staff. An awareness walk was also conducted under the supervision of the Medical Director.



Arif Memorial Teaching Hospital (AMTH)

Workshop on PALS (Pediatrics Advanced Life Support)

(18-May-23)

Arif Memorial Teaching Hospital, Department of Pediatrics organized a workshop on PALS (Pediatrics Advanced Life Support) on May 18, 2023 under the kind supervision of Prof. Dr. Tahir Masood (Principal RLMC) and Dr. Babar Orangezbe Wattoo (Medical Director AMTH).



Rashid Latif College of Pharmacy

One Day Seminar (18-May-23)

One day seminar on 18 th May 2023 was held in Rashid Latif College of Pharmacy, commenced with an engaging opening speech by Dr. Mohammad Affan, who emphasized the significance of communication skills in various aspects of our lives. The Guest speaker Dr. Faizan Ali who is the certified effective communication skill trainer, highlighted how effective communication lays the foundation for building strong relationships, resolving conflicts, and achieving success in one's career. Prof. Dr. Humayun Riaz Principal RLCP concluded the event and presented the college shield to the distinguished guests. Attendees praised the seminar for its comprehensive coverage of communication skills and the practical nature of the activities.



Arif Memorial Teaching Hospital (AMTH)

Free Medical Camp at WATNA (20-May-23)

Arif Memorial Teaching Hospital organized a free Medical Camp at WATNA, Free Health services for the Community. More than 350 patients were examined. AMTH continue to provide the best health facilities to the surrounding areas under the supervision of Medical Director (Dr. Babar Wattoo) with the support of Marketing Department.

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World Schizophrenia Day (24-May-23)

World Schizophrenia Day” International Webinar was celebrated by Rashid Latif Dept. Of Professional Psychology (RLDPP), RLKC/ RLKU in Collaboration with PILLS/ University of Manchester, UK, Centre for Clinical Psychology/PU. Prof. Dr. Nashi Khan, Director, RLDPP was one of the Keynote Speaker in this Seminar among other World-Renowned Speakers.

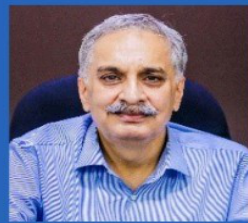


WORLD SCHIZOPHRENIA DAY

Date: May 24, 2023. Timings: 01:00 - 03:00 pm PST

The session will highlight emerging trends, and current debate on severe mental illnesses. By bringing together global forerunners to share and discuss their learning experiences, successes, barriers faced in treating schizophrenia. It will also provide an excellent platform to raise awareness about the illness.

Session Chair



Prof. Dr. Imran Chaudhry
Professor & Chairman Dept of Psychiatry,
Ziauddin Hospital
Honorary Professor of Adult Psychiatry,
University of Manchester
Visiting Professor, Dow University of Health
Sciences

Speakers



Prof. Dr. Nashi Khan

Director, Rashid Latif Dept of Professional Psychology (RLDPP), Dean, Faculty of Social Sciences (FSS), Rashid Latif Khan University (RLKU) & Director, Counseling & Wellness Centre (CWC), Rashid Latif Medical College University (RLKMCU) Lahore, President, Pakistan Association of Clinical Psychologists (PACP)



Prof. Nusrat Husain

Professor of Psychiatry
Director Research Global Mental Health
Division of Psychology and Mental Health
University of Manchester,
Director Research and Innovation and Global Centre for
Research on Mental Health Inequalities
Mersey Care NHS Foundation Trust



Ms. Nazish Habib

Clinical Psychologist
Punjab Institute of Mental
Health (PIMH)



Dr. Haider A. Naqvi

(Professor & Chair, Department of
Psychiatry, Dow Medical College Dow
University of Health Sciences, Karachi.



Dr. Omair Husain

Asst. Professor, Department of Psychiatry
University of Toronto



Dr. Sajjad Siddiqui

Consultant Psychiatrist Medical Director Of
National Psychiatrist Hospital & Drug
Rehab Center Multan Coordinator
Alzheimer's Pakistan (Multan & Sp Region)
Chair Of Liason Psychiatry Pill



Dr. Usman Amin Fatiana

HOD, Department of Psychiatry &
Behavioral Science, Rashid Latif
Medical College (RLKC)

Registration is free but mandatory.
For registration send an email: events@pill.org.pk



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www.pill.org.pk



+92-2135871845

Hameed Latif Teaching Hospital

CPR & Triage Training (25-May-23)

A training session on CPR & Triage was conducted by Dr. Yasir Raja (Medicine Department) in Accident & Emergency Department to all CMOs, Nursing and paramedical staff. Question & Answer sessions were also conducted.



Hameed Latif Teaching Hospital

Nurses Training (26-May-23)

The unwavering commitment of a nurse to help patients is not just a professional obligation but a passion that defines their calling to serve people according to the highest values of profession. Prof Dr. Arif Siddiqui, Principal RLKUMC delivered a lecture on "Different Aspects of Nursing Care" to nurses and paramedics.



Hameed Latif Teaching Hospital

International Nurses Day (27-May-23)

Under the supervision of the Medical Director, International Nurses Day was celebrated on 27-May-23 at Lecture Hall RLKU Medical College. All nurses and paramedical staff performed different activities. Prof. Arif Mahmood Siddiqui (Principal RLKUMC) delivered a lecture on professional aspects of Nurses and paramedical staff.



Rashid Latif Institute of Allied Health Sciences

Optometry Career Counseling Symposium (27-May-23)

Pakistan Optometric Society in collaboration with FMH College of Medicine and Dentistry Lahore conduct an Optometry Career Counseling Symposium. The students of Optometry and Orthoptics from Rashid Latif Institute of Allied Health Sciences took part in management. The main focus of the event was on how to become a Fellow of the American Academy of Optometry (FAAO), how to become a member of the International Association of Contact Lens Educators (FIACLE), career opportunities, scope of optometry, and myopia management. The students of optometry and Orthoptics took charge of managing the symposium. As recognition of their participation, all the students received certificates from FMH College of Medicine and Dentistry Lahore and the Pakistan Optometric Society. The students were provided with the opportunity to become members of the prestigious Pakistan Optometric Society. By obtaining membership, they will gain numerous advantages and benefits that come with being part of such a renowned organization. Students gained valuable knowledge and insights from this platform.



Arif Memorial Teaching Hospital (AMTH)

Free Medical Camp at Village Gulwera (27-May-23)

Arif Memorial Teaching Hospital organized a free Medical Camp at Village Gulwera , Free Health services for the Community. More than 300 patients were examined. AMTH continue to provide the best health facilities to the surrounding areas under the supervision of Medical Director (Dr. Babar Wattoo) with the support of Marketing Team.

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Rashid Latif Medical College (RLMC)

Seminar on Thalassemia (29-May-23)

Pathology and Paediatrics department of Rashid Latif Medical College, conducted a seminar on Thalassemia to commemorate World thalassemia Day that is celebrated globally each year. This seminar was held to raise awareness among the audience. Guest speakers included renowned hematologists like Prof. Shabnum Bashir (FJMU), Prof. Yasmin Ehsan (DG thalassemia program), Dr. Saira Moin (Sundus foundation). Prof. Tahir Masood Ahmed (Principal RLMC) & Prof. Sofia Khan (Hematologist RLMC) also shared their experience with the audience. A carrier screening camp was also arranged for the audience. Mrs. Sabahat Khan (CEO), Mrs. Zuleikha Khan (Director Marketing) & Prof. Mudassar Ali (Vice Principal RLMC) graced the occasion as Guest of Honour.



Rashid Latif Institute of Allied Health Sciences

Hands on Practice SPSS (31-May-23)

Rashid Latif Institute of Allied Health Sciences organized one day workshop on “Hand on Practice SPSS” under the supervision of Ms. Atia Ur Rehman. This workshop was facilitated by Mr. Daniyal (Assistant Director Research Cell of RLMC). This workshop was conducted for the students of Final Year to learn the basics of statistical analysis and data management using SPSS. This workshop aimed to provide students with a practical understanding of SPSS and its applications in statistical analysis. Overall, the workshop on hands-on practice on SPSS was successful in achieving its objectives. It provided students with practical skills and knowledge on using SPSS for statistical analysis and data management. The feedback received from the participants indicated that the workshop was well-conducted and highly beneficial.



Rashid Latif College of Pharmacy

Hygeia Magazine (31-May-23)

Exciting news! The student-led Hygeia Magazine was presented to esteemed faculty members of the RLMC. Hygeia serves as a catalyst for intellectual growth and encourages students to be active contributors in the realm of health education. Hygeia offers thought-provoking articles and interviews, empowering students to contribute to health education. We extend our gratitude to the dedicated students and faculty who made this possible.

